



## INFORMATION FOR ENTERING RESIDENTIAL TREATMENT

Your admission to Prairie Ridge Addiction Treatment Services as a resident will entail your living away from your home. We will furnish towels, wash cloths, bed linens, pillows, and blankets. If you prefer, you may bring your own. Consider bringing changes of clothing which will allow you clean apparel for five days or more. There are coin-operated washers and dryers which can be used during certain hours. Cost is \$0.65 per load.

Be sure that you have contacted the financial person prior to arriving as a pre-payment is required. The financial person can tell you exactly what this entails.

The following list may prove helpful as a list of items you will need during your stay:

Clothes	Alarm clock
Underwear	Shampoo
Shirts/blouse	After-shave/perfume/deodorant
Pajamas, robe, slippers	Razor/shaving cream
Comfortable walking shoes	Toothpaste/toothbrush
Sweater	Hair dryer
Coat/jacket	Curling iron/brush
Outdoor clothing appropriate to season	Misc. personal items
Church clothing if planning to attend	Hangers
Driver's license/social security card	Pillow (optional)

PLEASE DO NOT BRING A CELLULAR PHONE AS YOU WILL NOT BE ALLOWED TO USE IT WHILE HERE. FOOD, BEVERAGES, AND SNACKS WILL BE PROVIDED, THEREFORE, ARE NOT TO BE BROUGHT IN.

**Firearms, knives, and other objects that may be considered weapons are NOT allowed.**

VISITATION AND PHONE PRIVILEGES BEGIN AFTER YOU HAVE COMPLETED FIVE DAYS IN TREATMENT. Contact with family and friends through letters are encouraged. PHONE CARDS ARE AVAILABLE FOR PURCHASE.

We request that you not bring cash money beyond your need to purchase pop, stamps, laundry tokens, and phone cards. Money should be in cash, traveler's checks, or money orders as we do not accept personal checks.

If you are on prescription medications, we ask you to turn the prescription medication over to the residential staff upon being checked in. All medications are kept in the residential office in a locked cabinet. It will be your responsibility to take your medications as prescribed. Make sure to bring enough of the medication to last the treatment stay period. You will only be permitted to take prescribed medications that are properly labeled with your name, physician's name, and instructions. **No over-the-counter medications allowed (mouthwash, vitamins, aspirin, etc.).**